

Mindful Home

We're excited to launch the Sandy & Cindy Mindful Home Newsletter! With 30+ years of combined real estate experience, we're here to share market updates, community news, and tips to support your well-being. You'll also find local happenings and an open invite to our sponsored yoga in Bolsa View, every third Sunday at 10 a.m. Whether moving or staying put, consider this your neighborhood guide! And if you see us around, don't hesitate to say hello!



Home Tip for the Holidays

Bringing flowers into your home can improve mental and emotional well-being by reducing stress, anxiety, and depression, while also boosting mood, happiness, and compassion. Physically, flowers may help to reduce blood pressure, improve sleep, and even accelerate healing processes. Specific flowers known for these effects include lavender, known for relaxation, and sunflowers, with their uplifting energy.



Yoga in the Park

Bolsa View Park – Every Third Sunday at 10:00am

- First Yoga in the park will be October 19, 2025.
- 30–45 minute gentle flow yoga
- Designed for all ages and all levels.
- No RSVP required.



Last 60 Day Market Update for the Surrounding Area

Status	Address	Price	Bedroom	Bathroom	Square Footage	Development
Active	18202 Foss Lane	\$1,825,000	3	3	1,927	Bolsa Landmark
Under Contract	5861 Midway Drive	\$1,999,000	5	3	2,814	Bolsa Landmark
Under Contract	5951 Lancefield Drive	\$2,095,000	3	3	2,236	Landing
Under Contract	5732 Grimsby Drive	\$2,250,000	4	3	2,637	Landing
Pending	5812 Raphael Drive	\$1,465,000	3	2	1,669	Dutch Haven Marina
Sold	5852 Raphael Drive	\$1,300,000	4	2	1,292	Dutch Haven Marina
Sold	5812 Carbeck	\$2,210,000	4	2	2,615	Bolsa Landmark

Information deemed to be reliable although not guaranteed. Based on information from CRMLS as of September 18, 2025. All data, including all measurements and calculations of area is obtained from various sources and has not been and will not be verified by broker or MLS. All information should be independently reviewed and verified for accuracy. Properties may or may not be listed by the office/agent presenting the information.



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Local Happenings in Huntington Beach

Pacific Airshow

Oct 3, 2025 – Oct 5, 2025



- 10:30AM - 4:30PM Daily
- Show Center is located in Huntington Beach in between Twin Dolphin St. & Beach Blvd. on Pacific Coast Highway
- Please Note: A detailed performance schedule is not released before the event. To receive the daily lineup during the weekend, sign up for their Newsletter. They'll send the schedule straight to your inbox each morning.

✈️ Soar into three days of thrilling aerial performances, military flyovers, and acrobatics over Surf City USA! Enjoy beachside entertainment, pilot meet-and-greets, live music, food vendors, and family-friendly activities. Don't miss Southern California's signature coastal event of the year!

California Wine Festival

October 17-18, 2025



- SUNSET RARE & RESERVE TASTING
- Friday, October 17, 2025 - 6:30-9pm
- Pasea Hotel & Spa Sapphire Ballroom
- BEACHSIDE WINE FESTIVAL
- Saturday, October 18, 2025 - 1-4pm (VIPs 12pm)
- Pasea Hotel & Spa Indoor and Outdoor

🍷 Sip and savor at one of California's premier wine events! Explore pours from acclaimed wineries like Ackerman, Adobe Road, Cuvaision, Foley, Michael Mondavi, and many more. Enjoy bold reds, crisp whites, gourmet bites, live music, and ocean views at this unforgettable celebration of California's wine country by the coast.

Business of the Month



Born and raised in Huntington Beach, Ava Prohaska turned her love of flowers into a thriving career as a floral designer. Now in her sixth season, she creates custom arrangements for weddings, events, and everyday moments that bring joy to any space. With a passion for color, texture, and meaning, Ava's designs celebrate life's special occasions and add beauty to the everyday. Follow Ava on Instagram or reach out via email to book your consultation!

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